

BARBERSHOP BEAT

ATLANTIC BAY - MOUNTAIN REGION 19 | APRIL 2020

Apart, but still united.

#apartbutstillunited



ATLANTIC BAY-MOUNTAIN

REGION 19

REGIONAL MANAGEMENT TEAM (RMT)

SWEET ADELINES INTERNATIONAL, INC.



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REGION 19 CALENDAR OF EVENTS

THIS SECTION INCLUDES CHAPTER EVENTS, REGIONAL EVENTS, EDUCATION EVENTS, AND INTERNATIONAL EVENTS.

EVENT	DATE
2020	
Regional F.L.A.S.H. (Faculty: Kim Wonders & Natalie Allen), Location TBD	Sept. 11-13
International Convention (75th Anniversary), Louisville, KY	Oct. 12-17
Greater Harrisburg Chorus Show	Dec. 5
2021	
Region 19 Quartet Coaching Weekend, Location TBD	Jan. 15-17
Region 19 Convention & Competition, Location TBD	April 15-18
Region 19 F.L.A.S.H. (Faculty: Britt-Helene Bonnedahl), Location TBD	Sept. 10-12
International Convention, St. Louis, MO	Oct. 11-16

CHAPTER & CAL
REGIONAL ASSESSMENTS

DUE: MAY 31, 2020

Don't
Forget



REGION 19 MISSION

Our mission: Region 19 is a women's organization dedicated to musical excellence and the development of leaders through education, camaraderie, and performance of a cappella harmony in the barbershop style.

Region 19 Website: www.region19sai.org

Member's Facebook: www.facebook.com/region19SAI

Director's Facebook Group: www.facebook.com/groups/381778536043160

Presidents/Team Leaders' Facebook Group: www.facebook.com/groups/514932849349532

REC's Facebook Group: www.facebook.com/groups/558299848045442

Membership Coordinator's Facebook Group: www.facebook.com/groups/2484755828517569

THANKS FOR YOUR SUBMISSIONS!

We welcome your calendar items, chapter and quartet news, and other items of regional interest.

BARBERSHOPBEAT@GMAIL.COM

SUBMIT QUARTET
NEWS HERE

SUBMIT CHORUS
NEWS HERE

Greetings Region 19!!

I hope this note finds all of you as healthy and safe as you can possibly be. I know many of you know someone that has come in contact with this crazy virus. We have seen some reports of some of our own that this virus has claimed. To you, we send our prayers, love, and support. Many of you have spent days and days at home, doing your best not to come in contact with this disease. With you we commiserate. Others of our numbers are on the front lines, doing all they can to help the cause of this pandemic and putting themselves on the front lines to help others. To you, we send our support and appreciation for your care and sacrifice. These are crazy times that we live in but I am reminded daily of how thankful I am for this region and organization. I am proud to be part of this organization and to call myself a Sweet Adeline!! I trust you are too.

As we await the next decision from our International Board as to what comes next for our regions and, ultimately, our International Competition for 2020, the work of each of our choruses continue. I applaud the hard work that our IBOD is doing to maintain the best possible scenarios for every woman involved. To them I send a huge THANK YOU and my admiration for all that they have to consider and handle. In the meantime, locally we find ourselves needing to creatively come up with ways to maintain social distance and yet keep the sense of togetherness that makes us who we are. We are coming to the end of our fiscal years – a time that we look to create new budgets, and to elect new Board or Management Team participants. Perhaps you use your officer installation gatherings to reveal your chorus' Sweet Adeline of the Year. How do we manage that when we can't gather? Let me suggest a few things you can do. The possibilities are only limited by the creative ideas that can be generated by your membership. Don't be afraid to tap into the creative. Here are a few ideas.....

- Continue to find ways to meet online. Even for our computer challenged members there are ways to find to gather for just a bit of social times. If you need/want some specific ideas of how to do this and how to make it work, reach out to our Communications Coordinator, Nikki Burkhardt. She is a gem and will gladly help.
- If you need to elect officers into your administrative groups in your choruses, there are some online options for you as well. Be reminded that the "formal" installation gathering that many of us are used to is not vital to facilitate a change over in open leadership positions. Each chorus should have a nomination officer who can contact individuals interested in serving your chorus. That possible slate needs to be presented to the membership with at least 2 week's notice prior the election process. Those slates can be sent out to chorus members via email, private FaceBook pages, in any way that you normally stay in contact with your members.
- When the time comes for a vote, you will want to give your members the opportunity for anonymous vote. Appoint your election officers and create a Survey Monkey survey that only they see the responses for. This is a simple, easy and free way to get your responses back.
- Sweet Adeline of the Year? A suggestion would be to include an option in your Survey Monkey that will allow your members to submit a name. Add a field in the survey asking each member for their own name. That way you know that everyone has voted. Name your outgoing Sweet Adeline of the Year as one of the election officers so she is aware of who she will honor at a later time.
- Once we are free and comfortable meeting together, make that a great party celebration and honor your new officers and Sweet Adeline of the Year at that time. It will be an awesome time of re-connection and celebration.

Just a couple of ideas for you.....remember that these are only ideas and are only as limited as you allow your imagination to be. Your RMT is here for you. We hope that each and every one is healthy and safe. Reach out to us if you need help (or simply another creative mind). We will keep you informed on all the great things that make us say – "I AM SWEET ADELINES".

Irene Hershey

Team Coordinator

FINDING NEW WAYS TO REACH OUT



I don't know about you, but I'm finding it hard to stay at home and not see my friends and family - especially my Sweet Adeline family! However, we're all getting creative and finding new ways to socialize. I think we are all rapidly becoming familiar with online programs that keep us united. But what about other, low-tech ideas?

Our Director has asked us to start a "Social Distancing Diary". We are writing down notes from rehearsals, watching videos for "homework assignments" and writing down our thoughts to be shared at rehearsal, and of course decorating the pages to make it fun visually! We are able to share what we are writing either verbally, in photos, or on video in our Zoom calls. Of course, we'll be sharing them in person once we can get back together!

We can also reach out through the regular mail! I received a card from one of my Sweet Adeline sisters, and I must say it's much more exciting than receiving an email. So, now that we all have a lot of time, maybe this is a nice chance to send each other a quick note to brighten the day!

What else are you doing to stay connected? We always welcome sharing ideas on Facebook or through the Chapter/Quartet news in the Barbershop Beat!

HAS YOUR CHORUS EVER CONSIDERED HOSTING A REGIONAL EVENT?

We are looking now for Host Choruses for FLASH and Convention.

Do you have questions as to what it entails? Now is the time to ask and to act.

Here are a few of the benefits of hosting FLASH:

- Choose the theme for the weekend
- Free registration for Host Chapter members.
- Host the boutique
- Perform on the Saturday night show
- Free coaching from visiting faculty on Sunday morning
- Receive \$500 stipend from the Region.

Hosting convention is a bigger job, but has successfully been done by both large and small choruses. Or maybe you would like to work together with a sister chorus? There is a wealth of guidance, How To's and other aids available to help you have a fun and successful hosting experience. It's also important to note that most of the work to host convention is done before competition weekend. (Most of the big jobs done during competition weekend are done by the outgoing champion chorus.) Here are the benefits of hosting the spring convention:

- Choose the theme for the weekend
- Host the boutique
- Perform on the Saturday night show
- Host the Afterglow party
- Receive \$2000 stipend from the Region.

Applications are being accepted now for FLASH and Convention.

Applications can be found here: <https://www.region19sai.org/events.html>

All choruses in good standing are eligible to host an event. Preference will be given to choruses who have not hosted that event in the last 3 years.

LINES FROM LORI JO



This is certainly a difficult article to write. I'm sure that you felt the same punch in the gut when we learned that our beloved regional conventions were cancelled for 2020. Yes, it's 'just barbershop' but this passion of ours is more than the music. The Sweet Sisterhood matters to all of us and I hope that each and every one of you maintains great health while looking forward to the next time we can be together.

Here are my three thoughts for this month:

1. Small Chorus Workshop - The regional calendar shows that this was planned for a single day in June. Sadly, this has been postponed until we have a firmer grip on the calendar of events.
2. FLASH 2020 - We are moving forward with the plans for FLASH at Hunt Valley, Maryland with Kim Wonders and Natalie Allen. The first draft of the schedule is finished and out for approval. The classes taught by Kim and Natalie are amazing. We plan to move forward with PVIs, PSIs, and PAWs but will not be offering the free quartet coaching at this event. There will be a full quartet coaching weekend in January instead!
3. Virtual Rehearsals - Who would have thought that we would be relying on technology to keep us together? The front-line directors had a Zoom meeting to share ideas for keeping the sisterhood alive while we are housebound. Whether by email, Facebook, Zoom or actual personal phone conversations, please keep connected to the sisters in your chorus with a special thanks to your director. Planning a virtual rehearsal is nothing like a real rehearsal. I know that from personal experience!

Stay well, friends.

DIRECTORS NOTES



Greetings Region #19! I hope everyone is finding ways to stay connected during these challenging times. So many creative and wonderful ideas are added every day to social media and Region #19 Directors are trying out everything to maintain those important chorus connections while we are all living in a world of physical distancing.

Many of you have already been able to participate in some kind of virtual meeting or rehearsal. Admittedly, not much goes on in the first 10 or 20 minutes as we experience the sheer joy of seeing everyone's faces and hear the voices of our sisters. The chatter is deafening.

But then we settle in for a few minutes of discussion, education, and planning and what we have learned so far is that women come to our choruses to learn how to be better singers and performers and are happy to give anything a try – despite the obstacles in our way.

Right now directors are challenging you to put a few toes in the water and use some of the resources that are being shared. While virtual harmony is tougher than we may have realized, this is a great time to work on your individual skills so try the vocal exercises you are given, watch the videos that are shared, and do some individual ear training.

As anxious as you may be to return to rehearsals, multiply that by 4 or 5 times to know how your directors may be feeling. We are anxious to get back to you and hear the harmony! The Region #19 Directors had our own Zoom Meeting on Saturday, March 28. We laughed, we shared things that worked and maybe didn't work so well but most of us came away with pages of notes so be watching for some new ideas coming your way.

I don't want to single out any particular resource – there are so many available. But be sure to check the Education page at Sweet Adelines International or follow the posts in Sweet Adelines Front-Line Directors on Facebook or Sweet Adelines Chat. Search for Sweet Adelines performances on YouTube. And most importantly, stay connected!

BONDS & THE POWER OF HUMANITY

Apart, but still united.

#apartbutstillunited



Singing in our choruses allows us to connect to the power of humanity as we work together for a common goal and strive to be storytellers extraordinaire. We are in an extracurricular activity where "social distancing" - standing 6 feet apart to lower our risk of contracting COVID-19 - cancels an important and regular musical experience that feeds our spirit, threads us together, brings us joy, and provides creative relevance to our lives. Humans need proximity - the literal presence of other human beings and this is what our community provides.

On the evening of March 29, the president extended nationwide social distancing guidelines for another 30 days. With this new reality, each of us are faced with our own set of challenges, and my greatest wish is that we can all successfully pull through this. We will get back to our rehearsals and to each other, standing side by side giving it everything we've got. We will.

We must remember that while we are apart, we are still united. The bonds that we have developed through barbershop singing and the musical learning journey are ours to keep, cherish, and hold dear in these trying times. The depths of our friendships and the valuable experiences we share help us to maintain that sense of connectedness despite what is happening outside. We can still reassure each other, connect to each other through the imaginary bonds of social media, and devote the time we have to meditate, learn, pray, vocalize, and renew what needs to be renewed. I am optimistic.

If you are interested in accessing a set of social distancing/coronavirus-facing Facebook posts that I put together for all Region 19 Choruses, see the next page. [#apartbutstillunited](#)
[#region19chorus](#)

REGION 19 CHORUS FACEBOOK POSTS



Download Facebook Posts [here](#).

MEMBERSHIP CORNER



When I started my 2-year term as Membership Coordinator, I would never have guessed that I'd be ending my term quarantined at home, researching ways for our membership to gather online since we aren't able to gather in person. How quickly life can change.

While there are many online platforms that will allow us to see and talk with one another, bandwidth often prevents us from being able to sing together effectively (talk about synch issues). Many of our creative chorus directors are putting together plans for online rehearsals that include individual voice coaching, physical warm-ups, choreography rehearsals – Bravo/Brava to them for looking outside of the box to help us maintain community in this unusual time.

My challenge is to you as individual members – what can YOU do to maintain connection with your chorus and quartet members when we aren't able to be in the same room? While platforms like Skype, Zoom Meetings, FreeConferenceCall.com, Facetime may not be ideal for singing, they were created for face-to-face communication. Is there someone in your chorus that you don't know well? Someone from another chorus that you've wanted to talk to at a regional event but never had enough time to do so? Many of us have nothing but time these days, so take a risk and reach out to schedule a chat time to have coffee or cocktails from your own homes and get to know someone new.

As a single woman who lives alone with her dog – it's easy to feel overwhelmed by loneliness, but instead I've looked for opportunities to connect with others online including:

- Having a virtual happy hour with a good friend that I don't get to see often.
- Participating in a virtual dance party via Zoom with other Sweet Adelines
- Scheduling weekly check-ins with my quartet so we can see and chat with one another

It may not be the same as seeing each other at rehearsals, but these little moments with one another are life affirming and life giving. I encourage you to give it a try!



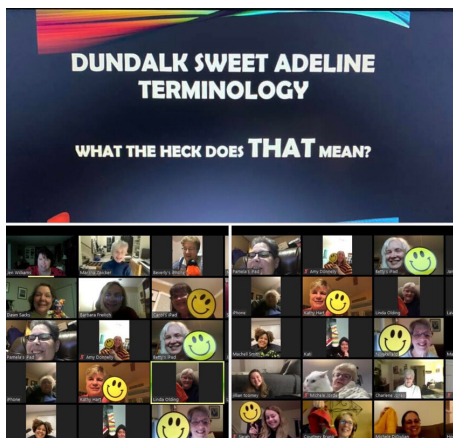
CHAPTER NEWS



ARUNDELAIR CHORUS

Arundelair Chorus held a virtual rehearsal using Zoom. We each sang in our individual homes as Jenny played a tape and directed us.

Surprisingly, this helped us assess our own faces, voices, and choreo as we sang without hearing the rest of the chorus. Technology brought us together.

[Learn More](#)


DUNDALK CHORUS

We're all saddened by what's been happening in our communities and around the world, and naturally apprehensive about what might be yet to come. However, even though we can't sing together right now, we can still get together (via Zoom), have some fun, and maybe even learn something new! Stay well, everybody!

[Facebook](#)


UPPER CHESAPEAKE CHORUS

This is the picture we might have taken at our retreat with Michael Gellert, but a pandemic caused its cancellation. However, this disease was not able to stop the music. Tyler Horton is giving us PVIs on Zoom. We have added time to work on old and new music. What has been especially healing is that Sweet Adeline friends from all over the country are sharing barbershop performances on social media that are meaningful and beautiful. UCC wishes everyone good health and harmony.

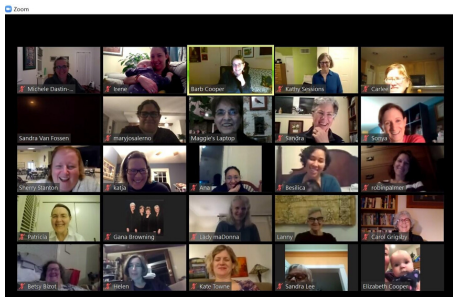
CHAPTER NEWS



JERSEY SOUND

While we are sad that we will not be able to see our singing sisters next month, we know it is for the best so that we may be together next year. In the meantime, we have had online rehearsals and team meetings to keep us connected. We also had a successful Zoom Happy Hour! Stay well everyone!

[Facebook](#)



CAPITAL ACCORD CHORUS

Even sheltering in place couldn't keep us apart! Members of Capital Accord tried various software programs, desperately trying to find one that would let us sing together remotely, but like all other choruses in the world we learned that the technology is not there yet. We settled on Zoom and found we can do physical warm-ups, watch parties of master classes, and skills training, in addition to socializing. We're so happy to see everyone's smiling face!

[Learn More](#)

CHAPTER NEWS

CLUSTERED SPIRES CHORUS



These are difficult and unusual times we're living through right now, that's for sure! And what is a chorus to do? We can't get together to rehearse, we can't meet up socially, and no one will be going to contest this year! It's downright depressing!

Well, one of the members of the Clustered Spires Chorus looked at this situation from a different and unique angle. You see, our chorus doesn't have a convenient place to store our risers in the church where we rehearse, so instead of setting them up each week, we use custom-made wooden boxes of two different heights for our members to stand on (see the picture). We also use them when we perform at nursing homes and other locations so we don't have to drag our big risers with us.

We love our boxes and the flexibility they provide! We owe them a lot for making our lives easier, and we are sorely missing them on Monday nights right now. But did you ever think about how that makes our boxes feel? Are they missing us, too? Well, Cindy put those thoughts on paper and came up with the following poem. We hope you enjoy it!





CHAPTER NEWS

THE CHORUS BOXES

BY CINDY STONE

What if, in the closet at the church where we rehearse,
The boxes for our chorus decided to converse?
What would they say among themselves during these strange hours?
Let's just imagine for a while they have these magic powers!

A large box on the bottom starts the conversation.
"So what's the deal? Where's everyone? Are they on vacation?"
A small one answers, "No...not all at the same time.
That never even happens in the good ole' summertime!"

"I hope this doesn't last too long. We'll all get stiff and sore."
"There's not much room cooped up this way. Besides, I'm getting bored."
The other boxes, now enthused to get in on the chat,
Begin to talk about the change, sharing this and that.

"I miss the feel of being out, of feet upon my back."
"Me too, I miss us lining up and keeping things on track."
"And then there's all the music, the laughter, and the fun."
"They joke a lot, they're funny, but they get the singing done."

"The singing, that's the best part, the ringing in the rafters,
Notes, chords, and voices blending, the feelings we get after."
"They say that they can feel the hairs rise right up on their arms."
"I believe it! I get splinters. It's one of my box charms!"

A grumpy box from deep within the stack of wooden crates
Speaks up about suspicions he has about his state.
"I bet they're using risers. They think they are so special.
Those heavy pompous showoffs made of steps and metal."

"Don't knock the risers, Buddy, they have their place and time
The thing is, it's been quiet, no rhythm, verse, or rhyme.
No matter where they are, I hope they're safe and well
I think that they'll return, I do, only time will tell."

"Of course they will, I have no doubt, the songs will come again!"
"But while we wait, what shall we do, to cheer our planks and mend?"
"Wait! We can have a party to keep from getting sour,
Let's do it Monday nights! We'll have a Box Night Happy Hour!"

And so the chorus boxes solved their problem right this day.
They found how to avoid the blues while hiding safe away.
They didn't know the chorus had solved their plight as well,
Weekly happy hours held to make their spirits swell!



THE VOICES

A NOVICE QUARTET COMPETITION

Atlantic Bay Mountain Region 19

- Any quartet, which meets the following criteria, is eligible: only two members of the quartet may have previously competed in a regional quartet contest.
- Must register by May 31, 2020
- Quartets will be coached by a team of Silver Sorority coaches over the summer
- Novice Quartet Contest will be at FLASH on September 11, 2020
- The winner will be eligible for 2021 Regional Quartet Contest registration reimbursement
- Info and registration forms will be available soon!
- Questions? Contact "The Voices" Novice Quartet Contest Coordinator, Donna Halley, at dhalley1@comcast.net