

F.L.A.S.H. Class Descriptions

Friday Night:

FLASH Chorus Rehearsal (Stephanie Britson) Sign up for the FLASH Chorus when you register and you'll have access to a new song to learn for this event. Two rehearsals are built into Friday evening's activities.

Building Character - Fun Performance Games (Becki Hine) Start off the weekend with lots of laughter and carrying on as a variety of games are played with different amounts of participants for each game. This class is very interactive. Those not playing the game at the time will observe and will also laugh a lot.

DCP Testing (Cheri Bowers) Ready to move forward with this program? Plan to meet with Cheri to take your next tests towards Certification. Not coming on Friday night? No problem. You can plan with Cheri to test privately on Saturday, too.

Double Quartet Comedy Contest (Rose Hershey) Gather your singers and put something together that will make us all laugh! This contest comes up only in the odd-numbered years (which seems appropriate!).

Saturday Morning:

Breath Is More Than Fuel (Lori Lyford) This class will include reminders about: 1) the fundamentals of breathing, 2) the application of good breathing skills to music, and 3) bring a heightened awareness to how breath preparation can help the singing that follows it.

Choreography for Directors - How the Director Can Be a Positive Contributing Factor in the Overall Visual Package (Becki Hine) While this is designed for front-line and assistant directors, the class is open to all who wish to learn. Directors are asked to individually show how they greet the audience when the lights come up, how they treat the non-singing time between songs, how they call for the pitch, how they recognize the singers on stage, and how they exit. We first establish a safe space, where everyone feels comfortable showing their stuff, and then candidly go through each director who is willing to be coached under glass.

Filling Your Vocal Toolbox (Lori Lyford) This class is designed for vocal leaders including directors, assistant directors and the Regional Faculty. Participants will learn to help diagnose and remedy various vocal challenges we all have. Lots of hands on practice.

Fun With Rhythms (Becki Hine) Participants bring a small object (lipstick, a hairbrush, glasses case, tennis ball, beanie baby) that they can toss and catch with another person (1 object per 2 people). The object should have a bit of weight to it (really beanie babies are the best!). We go through many different activities, some with the tossing and lots with moving around the room to various types of beats. It's a good way to see how different rhythms affect different songs and how we can solidify backbeat or downbeat by incorporating physicality.

Saturday Afternoon:

Vowels and Consonants (Lori Lyford) – Playing Well With Each Other The SONG (ring, pitch, tuning etc.) happens with attention to vowels. The MESSAGE (clarity and passion) comes from the deliberate use of Consonants. We must have both.

Look Great - Sing Great (Becki Hine and the FLASH Chorus) is a class that explores the Showmanship Category elements, and uses video for some examples. This one is perfect for a demo group, too. If I used the FLASH chorus for a demo, I would be asking them to do some various things that they would have to come up with on the spot, but they usually really enjoy this sort of thing and there is a lot of laughing.

Sing it and Mean It (Lori Lyford) – Has the word ‘characterization’ appeared on your scoresheets? In this class, Lori will be looking at performance skills through our physical and emotional connection to the music, harmonies, and lyrics of our songs.

Shoes Never Lie (Becki Hine) It’s not about shoes at all. It’s more about the books I have used through the years that all have good concepts that apply to Sweet Adeline life (Jan Carley books, Zig Ziglar, The Four Agreements, The Art of Possibility, Shoes Never Lie, etc.) This one is more of a lecture, and can have interaction between participants. There are some Jan Carley exercises that are great with a partner. This one is for the chorus leadership as they are most likely to use the concepts in these books.

Sunday Morning:

Coaching Under Glass (Becki Hine and Lori Lyford) The host chorus for this event will be one of the choruses used for Coaching Under Glass. The other chorus could be YOURS! The chorus chosen will be the one with the highest percentage of their membership registered by the registration deadline date.

Better Singing Through Choreography (Becki Hine) - could be for the visual leaders or general membership. It’s also interactive, and everyone in the class does different choreography moves in different ways. We explore how we hold our bodies whilst doing the moves (which all have names and are moves that can be used in most songs).

Membership Recruitment Success Stories (Jennifer Newman) A panel discussion featuring members of Shades of Harmony, Arundelair, and Clustered Spires choruses will share the secrets to their growth successes this past year.

Three Habits of Highly Effective Sweet Adelines (Lori Lyford) – A class to help us take stock of the wonderful things that come into our lives through singing in, and contributing to, our choruses and quartets.