

Atlantic Bay-Mountain Region 19
Sweet Adelines International, Inc.



Regional Faculty Guide
FY 2025

Updated 06/22/24

NANCY CLOETER

Email: ncloeter@gmail.com

Hometown: Queenstown, MD



Instructional Objectives: My objectives are to quickly assess the level of the group I am coaching and try to find the areas in which they will get the best instruction that will give them the most help at their current level. I focus on all areas but my strengths are in vocal production, vocal placement, internal synchronization, and overall commitment to the message of the song.

Instructional Qualifications:

- Tenor Section leader for Ramapo Valley Chorus
- Tenor section team leader for Harbor City Music Company
- 1992 Queen of Harmony with City Lights and 2004 Queen of Harmony with the BUZZ.
- In my 16 years with the BUZZ, I taught many music school classes which I developed, including, Tenor section classes, In-Line Singing, Connected Sound, and taught many classes along with the rest of The BUZZ.
- I have coached many quartets.
- I have also coached many choruses in Regions all over the world.

Chorus Affiliation(s): Harbor City Music Company (Rehearsal Night: Wednesdays)

Quartet Affiliation: City Lights, The BUZZ, All Fired Up

Distance Willing to Travel: 0 – 25 miles

COACHING SKILLS:

SOUND

Blend and balance
Dynamic planning
Harmony accuracy and tuning
Posture/breathing
PVI's
Unit sound
Using vocal skills to enhance expression, emotion, storytelling
Using vocal textures
Vocal production

VISUAL COMMUNICATION

Characterization
Getting it across the footlights
Visual unity

GROUP MANAGEMENT

Getting your quartet started
Goal setting/Long range planning
Managing stage nerves

LORI CROUTER

Email: lorilcrouter@gmail.com

Hometown: Glen Burnie, MD



Instructional Objectives: I would like to help newer quartets feel comfortable on stage. Both with their singing and their presentation.

Instructional Qualifications:

- I have sung in a chorus & quartet with continued coaching for the last 18 years.
- I also have a degree in music education and a minor in theatre.

Chorus Affiliation(s): Harbor City Music Company (Rehearsal Night: Wednesdays)

Quartet Affiliation: Lustre (Rehearsal Night: Weekends)

Distance Willing to Travel: 0 – 50 miles

COACHING SKILLS:

SOUND

Harmony accuracy and tuning
Posture/breathing
PVI's
Using vocal textures
Vocal production

VISUAL COMMUNICATION

Characterization
Getting it across the footlights
Show planning
Visual unity

OPEN DIVISION

Emceeing
Timing
Unity

GROUP MANAGEMENT

Getting your quartet started

LORI DREYER

Email: lorialto@comcast.net

Hometown: Baltimore, MD



Instructional Objectives: Encourage singers at all levels in choruses and quartets to value and celebrate what they do well and then build on those strengths.

Provide a fun and nurturing environment in which we all collaborate to improve a musical product.

My strongest capabilities are in the showmanship and expression categories, but do recognize and can help with basic vocal production and freedom of sound.

Instructional Qualifications:

- Over 30 year member of SAI
- Active chorus member (Elkridge/HCMC) for over 30 years
- Long time baritone section leader, music team member, costume team member, creative team member
- Baritone of Lustre Quartet, 2018 Queens of Harmony
- Coaching Region 19 choruses and quartets
- Coaching out of region choruses working on my own and as a coaching team with other members of Lustre

Chorus Affiliation(s): Harbor City Music Company (Rehearsal Night: Wednesdays)

Quartet Affiliation: Lustre (Rehearsal Night: Varies, typically Sunday afternoon)

Distance Willing to Travel: Doesn't Matter

COACHING SKILLS:

SOUND

Posture/breathing
PVI's
Using vocal textures
Using vocal skills to enhance expression,
emotion, storytelling
Vocal production

VISUAL COMMUNICATION

Choreography design & teaching
Costumes
Characterization
Getting it across the footlights
Show planning
Visual unity

OPEN DIVISION

Category requirements
Entertainment themes
Emceeing
Humor
Parody writing
Script writing
Planning
Timing
Unity

GROUP MANAGEMENT

Getting your quartet started

TECHNOLOGY SKILLS

Computer skills

MICHAEL GELLERT

Email: mhgellert@hotmail.com

Hometown: Severna Park, MD



Instructional Objectives: For members to learn to use the vocal skills they already possess to be better singers and performers. To instruct singers how to access their skills through their right brain.

Instructional Qualifications:

- Lifelong private individual study in vocal and choral arts.
- Twelve years private voice study.
- Forty-six years teaching private voice.
- Fifteen years professional theatre (Baltimore Opera).
- Twenty-nine years directing women's barbershop/Harbor City).
- I'm a Master 700 Director in Region 19 with 12 Regional gold medals and 5 times finishing in the International Top 10.

Chorus Affiliation(s): Harbor City Music Company (Rehearsal Night: Wednesdays)

Distance Willing to Travel: Doesn't Matter

COACHING SKILLS:

SOUND

Blend and balance
Dynamic planning
Harmony accuracy and tuning
Posture/breathing
PVI's
Unit sound
Using vocal textures
Using vocal skills to enhance expression, emotion, storytelling
Vocal production

MUSIC

Arranging
Music selection
Music theory

MUSIC STAFF MENTORING

Director skills training
How to give a PVI
Music staff training and development
Rehearsal planning and management
Section leader training

VISUAL COMMUNICATION

Characterization
Getting it across the footlights
Visual unity

OPEN DIVISION

Emceeing
Entertainment themes
Humor
Planning

GROUP MANAGEMENT

Effective communication
Effective meetings
Getting your quartet started
Goal setting/Long range planning
Managing stage nerves
Membership
Motivating skills
Team building & management

SARAH NAINAN-NEWHARD

Email: sarah.nainan-newhard@region19sai.org

Hometown: Ijamsville. MD

Instructional Objectives: As a regional faculty member, I support chapters in achieving their goals administratively and musically. I enhance visual plans, utilize technology effectively, and offer strategic planning and leadership skills from experience with Sweet Adelines and non-profits.



Instructional Qualifications:

- Curriculum design specialist for online learning as well as UI/UX coordinator for software development
- Visual team coordinator and Front Row Captain in current and previous chapters; designed choreography for several chapters
- Regional Content Specialist: maintains Region 19's website and social media platforms
- Facilitator for long range planning, conflict management and effective communication
- Served in the following RMT Positions: Communications, Education and Team
- Served in the following chapter positions: President, Treasurer, At-Large Board Member, Music Chair, Bass Section Leader, Music Team Chair, Visual Chair, Show Chair
- 30+ year member of Sweet Adelines International
- Competed on International stage for choruses, Harmony Classic and quartets

Chorus Affiliation(s): Dundalk (Rehearsal Nights: Thursdays)

Quartet Affiliation:

Distance Willing to Travel: Negotiable

COACHING SKILLS:

MUSIC

Music theory

VISUAL COMMUNICATION

Characterization
Choreography design & teaching
Getting it across the footlights
Show planning
Visual unity

OPEN DIVISION

Category requirements
Entertainment themes
Emceeing
Humor
Parody writing
Planning
Script writing
Timing
Unity

GROUP MANAGEMENT

Effective communication
Effective meetings
Getting your quartet started
Goal setting/long range planning
Managing stage nerves
Motivating skills
Standing rules
Team building & management

TECHNOLOGY SKILLS

Computer skills
Database management
Desktop publishing
Graphics design
Webpage design

FINANCIAL SKILLS

QuickBooks

CATHY SCHUMAN

Email: clschuman@gmail.com

Hometown: Frederick, MD



Instructional Objectives: My objectives are to help choruses achieve and maintain financial stability through budgeting, fundraising, sponsorship, and grant writing.

Instructional Qualifications:

- Region 19 Finance Coordinator - 5 years
- HCMC Finance Coordinator - 7 years
- HCMC Team Leader - 4 years
- HCMC Membership Coordinator - 4 years

Chorus Affiliation(s): Harbor City Music Company and Dundalk (Rehearsal Nights: Wednesdays and Thursdays)

Quartet Affiliation:

Certified Judge? No **Judging Specialty:**

Distance Willing to Travel: Doesn't matter

COACHING SKILLS:

GROUP MANAGEMENT

Chorus mediation
Membership

FINANCIAL SKILLS

Budgeting
Contract writing
Financial planning
Fundraising
Grant writing
Investing
Negotiating skills
Quickbooks

SHERRY STANTON

Email: directors@region19sai.org

Hometown: Rockville, MD



Instructional Objectives: It's my objective to help singers find their healthiest, most resonant sound, so that we can ring the most chords for the longest time possible!

Instructional Qualifications: 30+ years SAI
20+ years directing, Certified 500+ director
Multiple time International quartet competitor

Chorus Affiliation(s): Capital Accord (Rehearsal Night: Tuesdays)

Quartet Affiliation:

Distance Willing to Travel: Doesn't Matter

COACHING SKILLS:

SOUND

Blend and balance
Dynamic planning
Harmony accuracy and tuning
Posture/breathing
PVI's
Riser placement
Unit sound
Using vocal skills to enhance expression,
emotion, storytelling
Using vocal textures
Vocal production

MUSIC STAFF MENTORING

Director skills training
How to give a PVI
Music staff training and development
Rehearsal planning and management
Section leader training

VISUAL COMMUNICATION

Characterization
Visual unity

CYDNEY WENTSEL

Email: cswentzel@gmail.com

Hometown: Bel Air, MD



Instructional Objectives: For every coaching session and class I facilitate, my primary goal is to support and expand the participants' understanding of and expertise in performing four-part a cappella in the Barbershop Style, specifically for maximum success in BBS competition.

Since the best learning takes place in a positive environment, my secondary goal is always to make things fun, motivating and interesting!

Instructional Qualifications:

- BA in Education, MS in Counseling, advanced studies in administration and supervision
- Former educator, counselor and administrator (Pre-K - 12 and adult)
- Chorus singer (bari) in 9 small, mid-size and large choruses
- 20+ years directing 3 choruses (small and mid-size)
- Quartet singer (bari and tenor) 15+ top 5 finishes including Regional Champion
- Regional Faculty
- Certified Music Judge
- Arranger
- Choreographer

Chorus Affiliation(s): Harbor City Music Company, (Rehearsal Night: Wednesdays)

Certified Judge? Yes **Judging Specialty:** Music Category, although I am well versed in the other categories as well.

Distance Willing to Travel: Weekends 0-100 miles. Weeknights 0 – 25 miles or overnight

COACHING SKILLS:

SOUND

Blend and balance
Interpretive planning
(phrasing, dynamics, tempo)
Harmony accuracy, pitch and tuning
Unit sound
Vocal production

MUSIC

Understanding and getting the most
from scoresheets
Arranging
Music selection
Music theory
Sight singing
Pythagorean/untempered Tuning

MUSIC STAFF MENTORING

Director skills training
Music staff training and development
Rehearsal planning and management

VISUAL COMMUNICATION

Characterization
Choreography designing & teaching
Visual unity

OPEN DIVISION

Category requirements
Expression and Unity

GROUP MANAGEMENT

Chorus mediation
Effective meetings
Getting your quartet started

LORI JO WHITEHAUS
Email: ljwhitehaus@gmail.com
Hometown: Millsboro, DE



Instructional Objectives: To inspire the singers to become all that they can be.
To empower women to unlock their own potential.
To encourage choruses to share their passion for music with the greater community.
To ring chords and love it.
To explore the many opportunities that come with members in SAI.

Instructional Qualifications:

- Professional Educator since 1978 - Elementary and Secondary (BS & MS degrees)
- Region 19 Faculty Member since @1985
- Chorus Director since 1992
- Attendance at (nearly) all Regional and International educational events since joining in 1978 - 46 years
- Life-long learner with passion for sharing knowledge

Chorus Affiliation(s): Vocal Harmonix (Rehearsal Nights: Mondays)

Quartet Affiliation: JewelTones (Rehearsal Night: flexible)

Distance Willing to Travel: Doesn't Matter

COACHING SKILLS:

SOUND

Blend and balance
Dynamic planning
Harmony accuracy and tuning
Posture/breathing
PVI's
Riser placement
Unit sound
Using vocal textures
Using vocal skills to enhance expression, emotion
storytelling
Vocal production

MUSIC

Music selection
Music theory

MUSIC STAFF MENTORING

Director skills training
How to give a PVI
Music staff training and development
Rehearsal planning and management
Section leader training

GROUP MANAGEMENT

Chorus mediation
Effective communication
Effective meetings
Goal setting/Long range planning
Motivating skills
Standing rules
Team building & management

JENNIFER WILLIAMS

Email: DundalkDirector@gmail.com

Hometown: Millersville, MD



Instructional Objectives: I want to give back to the organization via chorus and quartet education and motivation. Singing and performing should be fun, easy and done in the healthiest way possible. My approach is participant friendly with many opportunities for engagement, interaction and fun.

Instructional Qualifications:

- Front line Master Director Dundalk Chorus
- Assistant Director Harbor City
- Visual Coordinator Harbor City
- Music Team member both choruses
- Member of International Judging Program in Visual Communication
- Personal voice and performance lessons

Chorus Affiliation(s): Dundalk and Harbor City Music Company (Rehearsal Nights: Wednesdays and Thursdays)

Quartet Affiliation:

Certified Judge? No **Judging Specialty:** Approved Candidate Judge Visual Communication

Distance Willing to Travel: Doesn't Matter

COACHING SKILLS:

SOUND

Blend and balance
Dynamic planning
Harmony accuracy and tuning
Posture/breathing
PVI's
Riser placement
Unit sound
Using vocal textures
Using vocal skills to enhance expression, emotion
storytelling
Vocal production

MUSIC STAFF MENTORING

Director skills training
How to give a PVI
Music staff training and development
Rehearsal planning and management
Section leader training

VISUAL COMMUNICATION

Choreography design & teaching
Costumes
Characterization
Getting it across the footlights
Make-up
Show planning
Visual unity

OPEN DIVISION

Category requirements
Entertainment themes
Emceeing
Humor
Parody writing
Planning
Script writing
Timing
Unity

MUSIC

Music selection

GROUP MANAGEMENT

Effective communication
Managing stage nerves
Motivating skills

TECHNOLOGY SKILLS

Computer skills