



The Barbershop Beat

Monthly Publication of Atlantic Bay-Mountain Region #19
Sweet Adelines International, Inc.



www.region19sai.org

March 2018

CHAPTER LEADERS: Distribute the mailing to your members, or refer them to the regional website: <https://www.region19sai.org/barbershop-beat.html>

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ATLANTIC BAY-MOUNTAIN REGION #19

CALENDAR OF EVENTS – updated March 2018

Key: ■ =Chapter Events; ■ =Regional Events; ■ =International Events

* = newly added/modified events

2018

*Lehigh Valley Chorus "Sip & Paint" noon in Saylorsburg, PA.....	March 11
Delaware Valley Show Chorus Friends and Family Performance	March 24
*Upper Chesapeake Chorus Friends & Family Night, St. Paul Lutheran, Aberdeen, MD	April 2
*Lehigh Valley Chorus Friends & Family Night, 8 p.m. in Hellertown, PA	April 2
*Dundalk Chorus Benefit Show, 3 p.m., Dundalk, MD	April 7
Regional Convention and Competition, Hershey, PA	April 12-15
Upper Chesapeake Chorus Show/Spaghetti Dinner, St. Paul Lutheran, Aberdeen, MD	May 5
Vocal Harmonix/Red Rose Men's Chorus Dinner Show at Dutch Apple, Lancaster, PA.....	May 6
*Pride of Baltimore Singers Program for H.S. Girls.....	June 18 to Aug. 17
Pride of Baltimore Chapter Show (details TBA)	June 23
Director Training – Harmony College East	June (TBD)
Delaware Valley Show Chorus Spring Spectacular.....	June 30
Regional F.L.A.S.H. (Faculty: Jim Arns & Renée Porzel), Location TBD	September 28-30
International Convention, St. Louis, MO.....	October 16-20
Heart of Maryland Chapter Show	October 28

2019

*Singers' School (Faculty: Ryan Heller), Location TBD.....	January 4-6
Regional Convention and Competition, Hershey, PA	May 2-5
Regional Leadership Workshop, Location TBD	May 17-18
International Directors' Seminar, San Antonio, TX.....	August 8-10
Regional F.L.A.S.H. (Faculty: Lori Lyford & Becki Hine), Location TBD.....	September 6-8
International Convention, New Orleans, LA	September 16-21

2020

Singers' School (Faculty: Joan Boutelier), Location TBD	January 10-12
Regional Leadership Workshop, Location TBD	May 15-16
Regional Convention and Competition, TBD	April 30-May 2
Regional F.L.A.S.H. (Faculty: Kim Wonders), Location TBD.....	September 11-13
International Convention (75 th Anniversary), Louisville, KY	October 12-17

2021

Singers' School (Faculty: Mary Rhea), Location TBD.....	January 15-17
Regional Leadership Workshop, Location TBD	May 21-22
Regional Convention and Competition, TBD	April 15-18
Regional F.L.A.S.H. (Faculty: Heidi Zacchera) , Location TBD.....	September 10-12
International Convention, St. Louis, MO.....	October 11-16

2022

Regional Convention and Competition, TBD	April 28-May 1
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- ♪ Submit additions and/or corrections to the regional calendar to Irene Hershey, Team Coordinator, ihershey@aol.com
- ♪ Chorus show dates do not have to be "cleared" with the Region; however, this calendar may be a useful tool when planning events.

All submissions for the monthly mailing are due on the **27th OF EACH MONTH** and should be proofread and submitted in electronic form (doc/docx preferred for text submissions, pdf, jpg, bmp, gif), and sent to barbershopbeat@gmail.com

Region 19 Philosophy:

Women join Sweet Adelines because they love to sing. They stay because of the musical challenges, the rewards of individual achievement, and the rewards of performance and the sense of belonging. Therefore, Region #19 is a progressive women's organization which:

- ♪ Promotes excellence in the performance of barbershop harmony through education
- ♪ Creates an atmosphere of camaraderie among its membership
- ♪ Provides opportunities for individual growth

Regional Website: www.region19sai.org

Regional Facebook Page: <https://www.facebook.com/region19sai/>

ATLANTIC BAY-MOUNTAIN REGION 19

SWEET ADELINES INTERNATIONAL, INC.

REGIONAL MANAGEMENT TEAM (RMT)



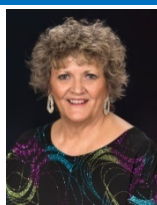
COMMUNICATIONS COORDINATOR

Jenny Harris

Harbor City Music Company

jennysingsbass@gmail.com

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Vocal Harmonix, Shades of Harmony



DIRECTORS COORDINATOR

Patty Weeks

Cape Shore/Greater Harrisburg

patty.weeks@comcast.net

Liaison to: DelMarVa, Diamond State,
Jersey Sound



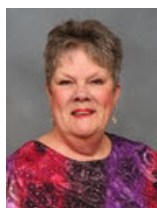
EDUCATION COORDINATOR

Sarah Nainan-Newhard

Pride of Baltimore

syuki63@gmail.com

Liaison to: Arundelair, Clustered
Spires, Heart of Maryland



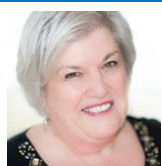
EVENTS COORDINATOR

Liz Danielski

Vocal Harmonix

hotpbari@outlook.com

Liaison to: Freedom Valley, Lehigh
Valley, Ringing Hills, Shenandoah
Valley



FINANCE COORDINATOR

Judy Hall

Chapter-at-Large

jhall51428@aol.com

Liaison to: Dundalk, Harbor City
Music Company, Pride of Baltimore



MARKETING COORDINATOR

Diane Bartel

Harbor City Music Company

hcmclead@gmail.com

Liaison to: Chesapeake Harmony,
Upper Chesapeake, Valley Forge



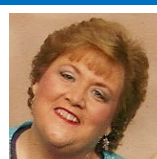
MEMBERSHIP COORDINATOR

Michele Woodward

Valley Forge

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Liaison to: Delaware Valley,
Philadelphia Freedom



TEAM COORDINATOR

Irene Hershey

Vocal Harmonix

ihershey@aol.com

Liaison to: Altoona, Greater
Harrisburg

RMT SHADOWS



EDUCATION SHADOW

Lori Jo Whitehaus

Vocal Harmonix

ljwhitehaus@gmail.com



EVENTS SHADOW

Sally Kelly

Harbor City Music Company

sallykelly@verizon.net



MEMBERSHIP COORDINATOR SHADOW

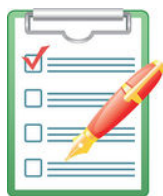
Jennifer Newman/Membership

Pride of Baltimore

vfclead@yahoo.com

Liaison to: Cape Shore, Harmony on
the Bay

MARCH CHECKLIST:



Chapter Leaders/Quartets:

- ☐ Remember to use those free regional faculty visits before the end of April!
- ☐ Is your chorus interested in hosting 2019 F.L.A.S.H.? An application can be found on page later in this publication.
- ☐ The region is also seeking a small chorus (or two) to host Singer's School in January 2019.

All Region 19 Members:

- ☐ It's time to register for convention/competition. Who will you room with this year? Reserve your room at this link ASAP:
<https://aws.passkey.com/event/49180736/owner/12056/home>



Happy Birthday to the following chapters:

Altoona **3/23/1954** **63 years**

Clustered Spires **3/4/1996** **21 years**

Dundalk **3/4/1958** **59 years**

Heart of Maryland **3/12/1951** **66 years**



Early-Bird Registration (*ends April 16, 2018*)

- International Chorus Competitor: **\$225**
- International Quartet Competitor: **\$225**
- Convention Assistant: **\$160**
- Member: **\$225**
- Non-Member: **\$250**
- Youth Member or Youth Non-Member (under 25): **\$175**

Late Registration (*after April 16, 2018*)

- International Chorus Competitor: **\$275**
- International Quartet Competitor (after July 9, 2018): **\$275**
- Convention Assistant: **\$185**
- Member: **\$275**
- Non-Member: **\$300**
- Youth Member or Youth Non-Member (under 25): **\$200**

The Coronet Club Show

- The Coronet Club Show is a separately-priced event. To purchase tickets to the Coronet Club Show, please visit: www.coronetclub.org.

Learn more at sweetadelines.com/events/stlouis2018convention/



Save up to \$50 USD by registering today!

Click here to Register by April 16, 2018, **TO SAVE!**

Sweet Adelines International 72nd Annual Convention & Competition
Oct. 15-20, 2018 • The Dome at America's Center • St. Louis, Mo., USA



We've Got The Beat!

Thanks so much for all your March submissions.

I welcome your photos, Chapter Chatter, quartet news, show and event flyers, announcements, Women of Note, and any other material you think would be of regional interest.

I also encourage and welcome your submissions for improvement and change in our newsletters. Communication is key to our success —and yours!

Send submissions to barbershopbeat@gmail.com.

Melissa Hunnefield, Regional Tech Writer



EVENTS COORDINATOR (Shadow)

What this Shadow knows...

Hi from the newest member of the RMT. I attended my first meeting of the RMT as the Events Shadow in September, and have been learning a ton ever since. First of all I learned that we have a very hard working and dedicated bunch of women on the team. They come from choruses across the Region, and are teaming together to bring Region 19 choruses, quartets and individual members a fun and fulfilling experience in many ways throughout the year. I never realized how much we, the members, get from the Region, so I thought I'd write this short blurb for you all to know what this Shadow now knows.

Of course there are the big visible events of Singers' School, F.L.A.S.H. and Regional Competition. But, my gosh, is there a ton of behind the scenes work that goes on to make those happen. From scouting out locations that meet the special space requirements for each event, to negotiating long term contracts that will keep prices reasonable, to inviting faculty and planning interesting and varied agendas. Wow!

But wait, there's more. The Region has an extensive pool of talented educators that are available to come help you in any area. Whether it's riser placement, choreography, creative show packaging, or more administrative areas like goal setting or how to conduct a director search. They are here to help. Each chorus is entitled to two Regional education visits per year. The Region also reimburses directors, Regional Faculty and RMT members for training, and they provide financial support to International-bound quartets and choruses to help with their increased coaching expenses.

The Chapter Liaisons are your conduit to the RMT. They, too, will visit your chorus at least twice a year and give you opportunity for direct communication with the team. It's also a good way for the RMT to get perspective of the needs across the greater region so they can plan educational events accordingly. For instance, did you know that the specific agendas at educational events are structured to address common areas for growth, as noted in comments from the judges at contest?

The resources we get from the Region are abundant. In fact, this forum, *The Barbershop Beat*, is in itself a convenient resource and delivery method to get up-to-date communication directly from all RMT members. Just in last month's Barbershop Beat we learned:

- Music and Learning tracks are available for all Regional songs
- Regional Faculty visits are available for all choruses
- Detailed Info about resources on the SAI webpage. Articles, handouts from various international seminars, forms, templates, links to webinars, podcasts, vodcasts, and external resources
- Information on how to make prospective members feel welcome
- Tips and suggestions for maintaining good vocal health.

Finally, the Webcast...it's awesome! How convenient to be able to watch the competition while you are preparing in your room. Or to give your family members, who couldn't make the trip, the opportunity to see you perform from the convenience of their computer or mobile device. What I learned since joining the RMT, however, is that the Webcast cost far more than we received in donations. Recognizing the benefit to the membership, the RMT paid the balance. Here's hoping we are more successful with donations this year.

I'm sure there is much more that I haven't been exposed to yet, but from my first two RMT meetings, I definitely have a new appreciation of all we, the Region 19 members, get for our \$25 annual dues. Oh, and if you want see for yourself, there are several Shadow positions still open. Interested?

Sally Kelly
Events Coordinator Shadow



EDUCATION COORDINATOR

Across Region 19-Land many people are preparing for our Regional Convention next month! Now that the Order of Appearance has been published, the Regional Convention Steering Committee (RCSC) and Hostess Chapter Greater Harrisburg are busily planning, organizing, confirming, scheduling and so much more! The Webcast Team is compiling information from competitors to share with our web-audience. Choruses and quartets are polishing their performances that they'll be sharing with us – hopefully Chapters are utilizing the Regional resources available to them (please refer to my [December 2017 article](#) regarding the Region's Faculty Program).

Make sure to let your Regional and Chapter leaders know how much work is being performed behind the scenes to make the weekend memorable for all!

QUARTET CHORUS:

Calling all registered quartets and Silver Sorority members! Information about the Quartet Chorus' performance at Regional 2018 is now available via the Region's [Quartet Chorus](#) webpage.

Thank you to Peggy Coulter, Quartet Chorus Coordinator, for attending to all the details for this performance!

F.L.A.S.H. 2018

The Education Team met on Valentine's Day to draw up the schedule for F.L.A.S.H. 2018 (September 28th – 30th) with [Jim Arns](#) and [Renee Porzel](#). Once again, the weekend will be targeted at various audiences, based on the strengths of our combined faculty, which includes Regional faculty – there are sessions for arrangers (at all levels), front-line directors, assistant directors, visual teams, DCP participants, and, of course, chapter/quartet singers! The planning of the event is now in the capable hands of my successor, Lori Jo Whitehaus. Meanwhile, put a Save the Date on your calendar!

SINGERS' SCHOOL 2019:

Please note that the date and faculty for Singers' School 2019 has changed. This is now being held the first weekend of 2019, and we've secured [Ryan Heller](#) as our faculty – what a way to ring in the new year! Put a Save the Date on your calendars now!

Until next month, happy prepping!

Sarah Nainan-Newhard
Region 19 Education Coordinator



EVENTS COORDINATOR

ATTENTION SMALL CHORUSES!

The RMT would like to offer small choruses the opportunity to stand out in the Region by hosting our Singers School event in January 2019.

Up until Singers School 2018, we did not have a host chorus for the event. We decided to try a pilot program and asked Chesapeake Harmony if they would like to try hosting Singers School 2018 in Towson, MD. They jumped at the chance and did a wonderful job as our host chorus.

One of the perks we will offer to a smaller chorus who steps up to host is the opportunity to run a small boutique (proceeds go directly to the chorus); perform on the Saturday Night Show; and be afforded the opportunity for a free two-hour coaching session on Sunday Morning of Singers' School weekend.

What will you have to do at the event: the host chorus will handle registration, provide PVI and Coaching schedule assistance; take care of riser set up and tear down, monitor classes, and emcee the Saturday Night Show (ask MaryBeth Whisman from Chesapeake Harmony how much fun THAT was!!!)!

What do you get for hosting?

1. A chance for the Region to get to know you!!!
2. Proceeds from your boutique;
3. The right to perform before the Region on Saturday Night;
4. A free coaching session on Sunday;
5. \$500.00!!!

Ask anyone from Chesapeake Harmony: they'll tell you what a great time they had in January!!! Who can forget the penguin act?!

If you are a small chorus and this sounds interesting to you, send me an email!

Liz Danielski
Regional Events Coordinator
Chair of the Regional Convention



MARKETING COORDINATOR

Marketing Musings...

Happy March Everyone! In just a month's time we will be descending on Chocolate-Town USA to spread our Harmony, Joy and Sisterhood...and of course enjoying some chocolate (Martini's?) along the way!

I just have a few reminders this month:

- ◆ If you wish to purchase a video billboard ad, you still have a little bit of time. Ads are due no later than March 18th! Please see the Video Billboard Ad included in this issue for more information.
- ◆ All competing quartets and choruses will be receiving a link to the Webcast Questionnaire shortly. Please be on the lookout for it and fill it out in a timely manner. The **deadline for submissions will be March 31st**. While our webcasters are quick on their feet to come up with things to say in a pinch, give them a break and provide them with something to talk about... or you never know what might be said about you 😊. We did make the survey shorter than last year's survey.
- ◆ Also please remember that after you finish shining on stage make your way to the Webcaster Booth in the back of the auditorium. All members of Quartets are all invited to chat with the webcasters! Choruses: please pick one or 2 representatives (Director and President perhaps?) to go back and have a chat!
- ◆ Please consider a donation to the webcast. Webcasters will gladly take your donations in person during the contest, and we will have roving donation collections periodically during the contest! \$5.00 shout-outs will also be available online and onsite. The webcast page is currently being updated, but the donation button is always ready for you.

Until next time,
Di

Diane Bartel
Marketing Coordinator



MEMBERSHIP CORNER

Last month we talked about first impressions and the importance of keeping your guest informed. She has now passed her audition and now the real work begins for all of you. Do not expect her to know what she does not know. Pair her up with a mentor. Her mentor will be someone she can go to for answers. Her mentor can help her acclimate to chorus life. Most choruses now have visual and audio downloads of choreography and songs.

Make sure that she is able to download the files (yes, there are some of us we have difficulty doing this). Her mentor should help her prioritize the learning of songs. Does she know what a PVI is? Schedule her for one within the first month of her membership to give her an opportunity early on to know if she is on the right track to good vocal skills and understands the basics of barbershop singing.

Mentors should be given a checklist of things a new member needs to know like what costumes she needs to purchase on her own and who to talk to get fitted for chorus owned costumes, what makeup the chorus uses and how it's applied for shows vs contest. Tell her advance about chorus contest rituals, retreats, coaching, and regional educational events.

Her mentor needs to make sure she knows the answers to any questions, before she knows she has them. Yes, this information can be in written form but this can be overwhelming to a new member so one-on-one interaction with a member to go over things is critical.

(From Sweet Adelines International "Keeping Members" December 2017)

Michele Woodward
Membership Coordinator





WOMEN OF NOTE

Has someone in your chorus done something amazing?

Did she earn a pin for longevity? Is she a stellar volunteer?

Did she do something great for her community?

We want to know about it!

Send us a photo and write-up and we'll give her the recognition she deserves, right here in the Barbershop Beat!

Send submissions to barbershopbeat@gmail.com.



WE WANT YOU!

REGION 19 NEEDS YOU....

Have you been thinking about what you could do to be a more involved member of your region?

Well, here's your opportunity. There are 2 options.

#1 Apply for one of 3 open positions on the RMT.

Membership Coordinator

Communications Coordinator

Team Coordinator

Email ihershey@aol.com for more information and an application.

#2 Apply to become a Shadow for any position on the RMT.

Visit <https://www.region19sai.org/rmt-shadow-program.html> to apply.



Vidco Billboard Advertising

Get your message out to a captive audience as it scrolls by on two jumbo screens in front of over 900 attendees and 1000's of webcast viewers. Big screen ads are shown on the screens during contest (between competitors). For only \$50.00 these ads are a GREAT way to promote, support and acknowledge your chorus, quartet, upcoming event, favorite coach, director or business! Are you selling costumes or looking for a director? A video ad is a great way to advertise! **YOUR AD WILL RUN THE ENTIRE WEEKEND!**

Please submit your request for advertising **no later than March 18th**. No requests for submissions after this date will be added to the slide show. Sorry, no exceptions.

Submission requirements:

- ✦ Please provide .ppt slide. You can also submit PDF, jpeg or other graphic files as well.
- ✦ You may have animation
- ✦ Be sure that your graphics and/or text do not extend all the way to the edge of the page to help prevent them from being cut off when displayed.

Video Advertising Order Form:

Chorus or Quartet name _____

Name of requestor _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

If you will be emailing your ad copy, please include **"Region 19 ad submission"** in the subject line email to Di: hmclead@gmail.com Please include the name that will be on the check, and the check number. **Make** checks out to ABMR 19 and mail to:

Diane Bartel
1 Park Circle
Towson, MD 21286



GREETINGS REGION 19 CHORUSES!!

Below is an invitation to bid to host F.L.A.S.H. 2019. The location has not yet been secured, but the location of your chorus may be taken into consideration if you are the successful bidder!!

Submit your bid to Liz Danielski: hotpbari@outlook.com



REGION # 19 BIDDING FORM FOR F.L.A.S.H.

Please complete this form and return to the Events Coordinator.

F.L.A.S.H. Date: Sept. 6-8, 2019 Location: TBD

Chorus: _____ Location: _____

Chorus President/Team Coordinator: _____

Address: _____

Phone Number(s): _____

Number of members in Chorus: _____ Number expected to participate: _____

Would someone from your Chorus be available to inspect the F.L.A.S.H. site with Regional personnel? _____

Dates of previous hosting experience in the last five (5) years:

Winter: _____ Summer: _____

Fall: _____ Convention: _____

1. List any other Chorus projects during the last five (5) years that would qualify your Chorus to Host a F.L.A.S.H.: _____
2. Why is your Chorus interested in Hosting a F.L.A.S.H.? (Please use the back of this form if additional space is needed).

Name of Chapter member chairing this Event: _____
(Region #19 requires that you appoint a single chair prior to bidding.)

Date: _____ Chorus: _____

Signature (President/Team Leader)

Calling All Quartet Champions!

Are you a Quartet Champion from years past, in Region 19 or elsewhere? Do you know of anyone in your chorus who is?

The Silver Sorority wants to know!

The Silver Sorority is the Region 19 Association of Quartet Champions. We are a service organization whose main purpose is to support quartet singers in Region 19, by offering coaching, mentoring, and other support structures for our region's quartet singers.

We know who our Region 19 champs are from the past, but what we don't know is if someone has moved into Region 19 who has been a Quartet champ somewhere else. If that's you, or if you know someone that this applies to, we want to hear from you!

Please contact Jenny Harris, jennysingsbass@gmail.com, [443-745-4904](tel:443-745-4904) to become a member of the Silver Sorority today!



KEEP YOUR BEST VOICE

Here we are at the beginning of contest season! So exciting! Yes, but . . . this is also the season of huge amounts of stress, over-crowded schedules, and nerves. That often comes with lack of sleep, as well. The victim of all these shenanigans? Our voices. Often, our bodies take over and voila! We fall ill. For many of us, that translates to some sort of laryngitis or vocal difficulties.

How do we keep our voices healthy at this critical (or any) time of year? Here are some tips and suggestions for maintaining good vocal health.

1. Hydrate. Some sources say that you should drink enough water in the 24-hour period before singing that your urine is clear. Another source says that you should drink water at least half an hour before singing, and not wait until you begin singing to hydrate. Use a humidifier at home, particularly in the winter months to help keep your vocal folds moist. Use one of the portable ones in hotel rooms to combat the dryness that frequently appears in that environment.
2. Warm up your instrument before using it by bubbling all throughout your range. Gently, gently. Then go through your warm up routine from simple to more difficult. But do warm up before requiring your voice to do vocal gymnastics.
3. Sleep. Insufficient rest may show up in your voice—in less control over high or low notes, or difficulty maintaining mix through the passagio.
4. Practice good breathing. Good breathing techniques are at the foundation of healthy vocal production, and will help keep your voice in shape.
5. Exercise regularly. This keeps your muscles in tone and improves posture and breathing.
6. Rest your voice when you're sick. Illness puts a strain on your body, including your voice.
7. Avoid these. Drying agents: caffeine, antihistamines, alcohol, drugs, cigarettes, air pollutants. Also avoid carbonated beverages. A Singers' MD in the Chicago area told me that drinking carbonated beverages is the same as pouring acid over your vocal cords. Spicy and greasy foods ingested before singing (or before bed) may cause gastric reflux, which may result in stomach acid coming into contact with the vocal folds. Dairy products stimulate mucus production; it's best to avoid these for a couple hours before singing. Avoid mouthwash containing alcohol, as alcohol is a drying agent.
8. Speak, don't shout. Overuse of the voice should be avoided. Use a microphone in loud environments, be gentle with your voice in crowds, etc.
9. Avoid cradling the phone on your shoulder. Cradling a phone this way for an extended period may cause muscle tension in the neck.

The bottom line is this. If we practice excellent self-care, our voices will be the happy beneficiaries of that care. Following these guidelines will help to ensure that the voice you bring to rehearsal and to the contest stage is the best version of your voice possible. Happy singing!

References:

nidcd.nih.gov/health/taking-care-your-voice

Singwise.com/cgi-bin/main.pl?section=articles&doc=CareForVoice

Besthealthmag.cz/best-you/prevention/dont-lose-it-8-ways-to-take-care-of-your-voice

Chorusamerica.org/singers/natural-vocal-care (information about herbal remedies)

CHAPTER NEWS

DUNDALK



The SS Dundalk Ship is full steam ahead towards the Regional Convention at Hershey in April. We kicked things off with a marvelous and rewarding retreat back in January with Michael Gellert, as our coach and Captain of our ship. With Jenifer Williams directing us and Michael guiding us, how could we go off course?

We had a wonderful and fulfilling weekend not only in song but in friendship, fun and games. In addition to Michael's coaching, we've been coached by Barbara Neilson and Linda Keefer. We're looking forward to a session with Lynn Smith in March. It's been hard work that is producing a great sound.

Submitted by Norma Moore

GREATER HARRISBURG



It must be near contest time because:

1. We are being measured and re-measured but we have yet to see anything resembling a costume appear. We are told they are 'hopefully' on the way...kinda like 'the check's in the mail' sort of. Costume chairs keep trying to smile and be reassuring - no worries; we know the drill. We are flexible.
2. Coaches keep chanting the familiar refrain "You are doing so many things right" (right!), "and we only need to make a few TINY changes." Right, again. We know that drill, also.
3. The weather report is almost as interesting as The Olympics; we are slightly offended if it chooses to snow on our rehearsal night. It's hard watching the weather in Korea and impressive to appreciate the amazing challenges of these hearty competitors. Yea for singing - no frostbite worries.
4. Individual dreams are being reported, all infused by snippets of our contest songs. Our brains are now recording non-stop. And we have our retreat coming up with Karen Sweeters - imagine the incoming information yet to absorb. Our memory banks are doing push-ups as we speed skate towards the final marker.
5. Claire is just THE BEST. She alternately wants to hug us/choke us. We have so much fun with this hobby and we also know how to get serious when we need to do so. All of these emotions get reflected on her face every week. We are one lucky chorus. We know you feel the same way about YOUR chorus. Are you watching Olympic participants before, during and after their big events? How

CHAPTER NEWS

would you like to have a camera on you every second?

Yes, it's almost contest time and that's really exciting for many reasons. But most of all, it gives each chorus a chance to show-off a bit and flex our barbershop muscles with no safety nets involved. One shot. Great Harrisburg Chorus wishes you a successful training period as you prepare for the big game.

Cheering for each other is what we do. Aren't we lucky?

Olympic hugs are coming your way. We'll see you in Hershey.

Submitted by Susanne Bensing

HARBOR CITY MUSIC COMPANY

How do you even top a year like 2017? Well, HCMC is already on a roll in 2018!

The year started off with Michael's annual State of the Chorus address. He summed it up: the state of the chorus is WONDERFUL! We are all so glad to have him back and better than ever after his heart surgery. The first order of business was learning a beautiful new ballad. Seriously, you so NOT want to miss this at Regional, it is just glorious!

In January we were thrilled to watch our newly crowned Queens hold court at Singers' School. Lustre has always been so generous in giving back to the chorus and the whole Region for supporting them through their journey. Truly the epitome of the gracious champions. Saturday night's Parade of Quartets saw HCMC represent in force with Duality, Pivot, Mix It Up and Neon Lights. And although Famous Janes' baritone was sick and not able to come, they were heard singing afterward with Jen Keuthe's daughter Charlotte filling in on bari!

One week later found us all at our rehearsal space on a Saturday as we began working on a new CD of all of our Broadway songs. We captured the magic of the songs we sang in our Vegas Finals package. We'll be polishing up some of our older Broadway songs over next few months with a couple more recording sessions planned.

February kicked off with an amazing retreat with Karen Breidert! Friday evening we welcomed 6 new members to their first retreat (4 who joined in January!). Saturday saw the debut of Pinnacle Quartet, and after a day of working hard we partied hard! Check out our Facebook page to see the fun! And if that wasn't enough fun, the next weekend was our annual Bull Roast fundraiser, one of the most epic barbershop parties of the year.

We can't wait to see what the rest of 2018 brings!

Submitted by Amy Rule

PHILADELPHIA FREEDOM

In January, we marked our seventh birthday and what a memorable year of renewal it has been for our chorus, with Connie Tancey Bosna as our musical leader. She brings a seemingly endless fount of vocal exercises, musical expertise and creative ideas... and we simply cannot get enough!

CHAPTER NEWS



Some of our ladies had a blast last weekend performing at a women's retreat in Bucks County. Is there much that compares to the fun of singing with dear friends for an audience who is loving every minute?!

We are gearing up for our Friends & Family Show on March 24 at 3:00 PM at the Performing Arts Complex of Delaware County. We extend an invitation to all competing quartets in Region 19 (and 15) who might wish to join us at this

performance. It is a great opportunity to perform your contest package on stage. Please private message us on Facebook if your quartet would like to come join the fun!

Like all of you, we are eager to head to Hershey to hear everyone's contest performances and share what we've been doing. Here's to the weeks ahead of continued joy and hard work!

Submitted by Robin Safeer Mathews



CHAPTER NEWS

PRIDE OF BALTIMORE

PRIDE of BALTIMORE PULLS no PUNCHES!

PARTY ON!! Pride began February with a **FABULOUS** party at the home of Sheila (and hubby Rick) Schlosser! They are **FANTASTIC** hosts!



Beverages were imbibed, food was sampled, videos were screened, and tags were sung! Thank you for a **PRICELESS** **PARTAKING** with the **PACK** of **PRIDESTERS**! (Pictured, below, clockwise from 8PM: Eileen Rosenberg, Narcy Murphy, Kepy Cyzk, Linda Olding, Carol Ridge, Susan Irwin, Jane Brown, Cheryl Roberts, Marlene Teitel, Nancy Miktus)



PRIDE PERFECTION!! As we continue to perfect our chorus in **EVERY** way, the **FANTABULOUS** Jenn Newman has been giving up her free Saturdays to hold sectionals for us! These have resulted in different riser placements, new vocal practices and warm ups for us, and **TOO** much singing fun! Thank you Jenn! (Pictured below, Jenn in forefront, L-R baritones Marcy Murphy, Kathy Mulgrew, Jane Brown, Gail Greene, Susan Irwin)

CHAPTER NEWS



PRIDE PLUS! We continue to welcome new members! This month, we are so happy to welcome new member **ANDREA CAPUYAN!!** And, as usual, our Poet Laureate Courtney Bruno welcomed her in a Big Damned Deal with a poem written just for Andrea! (Pictured L-R : Courtney Bruno, Andrea's big sister Mary Anne Cleaveland, new member Andrea Capuyan, director Lynda Keever)



Phew! Another fun, exhausting month!
And now, **Pride MARCHES** on....!!!
Submitted by Jane Brown

CHAPTER NEWS

SHENANDOAH VALLEY

Along with the rest of the region, we have been working hard on our competition songs. Although our Singing Valentines event did not have as many requests, one location, Winchester City Hall, provided the opportunity to sing to the IT area.



Since the building is being renovated, we chose to entertain the construction crew with "Cuddle Up a Little Closer" complete with hugs. Both the singers and the men enjoyed the experience.

February brought us five new members, two of whom were former Sweet Adelines with our chorus.



Each new member has been given a mentor to assist with all of those nagging questions about rules and other procedures.

We are grateful to have had Lori Jo Whitehaus pay us two visits to assist us in preparing for competition. On the 24th we had an all-day coaching session with Lori Jo and Rose Hershey who added choreo to our uptune. We hope to make them proud when we are on stage at Hershey.

Submitted by Gayle McGowan

CHAPTER NEWS

VOCAL HARMONIX

When your chorus director sings Bass but has a Baritone brain -- she tracks data. That's me. Vocal Harmonix is experiencing a growth spurt and the excitement is high every Monday night. So how did these new people find us? I've been tracking membership statistics since I started directing RRCC/VHMX in 1994. Here's what the surveys have said.

The Guest Profile Sheet includes this statement: How did you learn about our chorus? (you may check more than one). The #1 answer is: Friend in the Chorus. We've had 60 women join who knew someone in the chorus. Other popular answers are Newspaper (35), Former or Transfer Sweet Adeline (32), Chorus Performance (29) and then Website/Social Media/Flyers (17). These stats are from 1994-2017 and does not include the seven women who just joined the chorus in 2018.

In the 24 years that I've been directing, we've added 136 members to the chorus plus an additional 345 guests who decided not to join. Our average growth rate is 5.7 new members per year. However, our average loss of members is 4.1 per year. We've learned that we need 4 new members every year just to stay at our same size. Here's to a fantastic 2018.

Lori Jo Whitehaus

Say hello to the newest members of Vocal Harmonix, all of whom were "sung into" the chorus in the past three weeks following a highly successful four-week open house series.



Shown above are (left to right: Valerie Ruhl, Jessica Dunbar, Liz Himmelberger, and Megan Trone.

CHAPTER NEWS

Below are Kim Bucher, April Yoder, and Julie Pedelini.



And all seven are LEADS. The boost to the sound of the section is astounding! Here's a photo of a few of this year's crop after a make-up tutorial with Marta Greist....



They say "Your vibe attracts your tribe." Our recent name change has certainly brought with it a renewal of team spirit, but also a higher work ethic and recommitment to musical product. Every single person who

CHAPTER NEWS

walked through the door at open house could see this. Our director and section leaders personify it. Our coaches reinforce it and teach to it.

We all know life is crazy. We are so proud these women have chosen us, and are so impressed with the incredible determination and talent they have already shown.

Comments from new members include:

"How awesome! I found you through the JewelTones! They performed at my church and reminded me of the love I had for quartets when I was younger. They told me about practice and I decided that I would love nothing more than to attend one. So when I came to visit I was greeted all around and even received quite a few welcoming hugs! (Which is cool because I'm a hugger too!) I have been singing on a worship team for the past 11 years now, and wanted something new. And VH has been perfect! I hope one day someone would like to start a quartet as much as I do!" -- Jessica Dunbar

"I found Vocal Harmonix through a friend in the group! She thought I would really enjoy it and she was right!! At the first rehearsal, I was greeted warmly and made to feel right at home! This group of women is so supportive and encouraging! I am so excited to see where this group takes me!!" -- Liz Himmelberger

"I saw an article in the Merchandiser about an open house with chance to learn a song and join chorus on stage at upcoming concert to sing. Had a blast and love how welcoming and supportive everyone is. Joined as Red Rose City and very excited about our change to Vocal Harmonix. I've never sung harmony before, so learning bass part has been challenging on some songs, but I am persistent and love the tips members shared to help me succeed. Heading to convention/competition in April! Wish me luck!" -- Michele Turner

Come introduce yourselves to these new members of our region when you see them at convention!

Submitted by Melissa Hunnefield

QUARTET NEWS

LUSTRE



Wow, we've had such a fun and busy month of February!

We started off traveling to Long Island, NY to participate as coaches and performers in the annual SingStrong A Cappella Festival. The festival is a charity event that benefits Alzheimer's research. It consists of two different contests (one on Friday night for "semi-pro" groups, and one on Saturday afternoon for high school groups) plus three different shows, plus hours and hours of education and coaching for a cappella musicians of all genres. We had the honor of coaching three different high school groups, teaching a class on rehearsal techniques, and performing on two of the three shows that weekend. Whew! We came away with an ever-bigger sense of awe for all the wonderful a cappella musicians out there from all musical styles!

Our next big event was our first recording session in the studio for our upcoming new CD. We have a long way to go - we only laid down tracks for two songs this time! Good thing we love the process, 'cuz we've got lots more to do! :) Look for news and information out the new CD project coming in the next issue of the BB.

Our busy February finished up by hosting the Mid-Atlantic Harmony Sweepstakes A Cappella Festival at The Birchmere in Alexandria, VA. Because we won the event last year, we were invited to serve as hosts this year. We saw a lot of you down there, enjoying the show - thanks so much for coming out! Six groups performed and competed for top honors and the chance to fly to San Francisco in May for the National competition. As we've seen time and again, a Sweet Adelines quartet won the event this year! Up All Night, from Region 14 Vienna-Falls Chorus, won the night. We wish them all the best of luck in May.



QUARTET NEWS



Lots of folks have been asking us, "What's it like to be Queens?" Well, with the month we had in February, we can honestly say "It's Totally AWESOME!" We're having so much fun exploring all kinds of new opportunities, with planning for events over the summer in full swing. We can't wait to see all of YOU in April in Hershey... be sure to say "Hi" when you see us! Happy Spring!

In Harmony, Kate, Lori, Lori, and Jenny

SINGING VALENTINES with Vocal Harmonix quartets

Is there any day of the year more fun than Valentine's Day? For years, Vocal Harmonix has been delivering a two song package with a card and a "red rose" as a singing Valentine throughout the central PA area. Shown are quartets Hot Off The Press (in 2017), Sum of Each and the interchangeable members of Facets, all of whom spent all day Feb. 14 spreading love and harmony.

QUARTET NEWS



Facets switched personnel in and out throughout the day Feb. 13-14 to keep the harmony alive. Even our director got in on the act.



QUARTET NEWS



Sum of Each (and friends at Manheim Central Middle School)



Hot off the Press serenades a (mostly) willing recipient

We welcome news, photos, and *all* quartet adventures – big and small!
Send your submissions to barbershopbeat@gmail.com

Jersey Sound Chorus is selling costume tops!

We have 50 bronze costume tops for sale in various sizes (see attached pictures). The tops range in size from 4 to 3X. They can be purchased either individually or for a group. The asking price is \$25 per top. This price is negotiable dependent on the amount of tops purchased.

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Anna Kitz: 856-722-9798 (h) or

Mary Stansky: 609-714-1088 (h) / 609-969-8658 (c)



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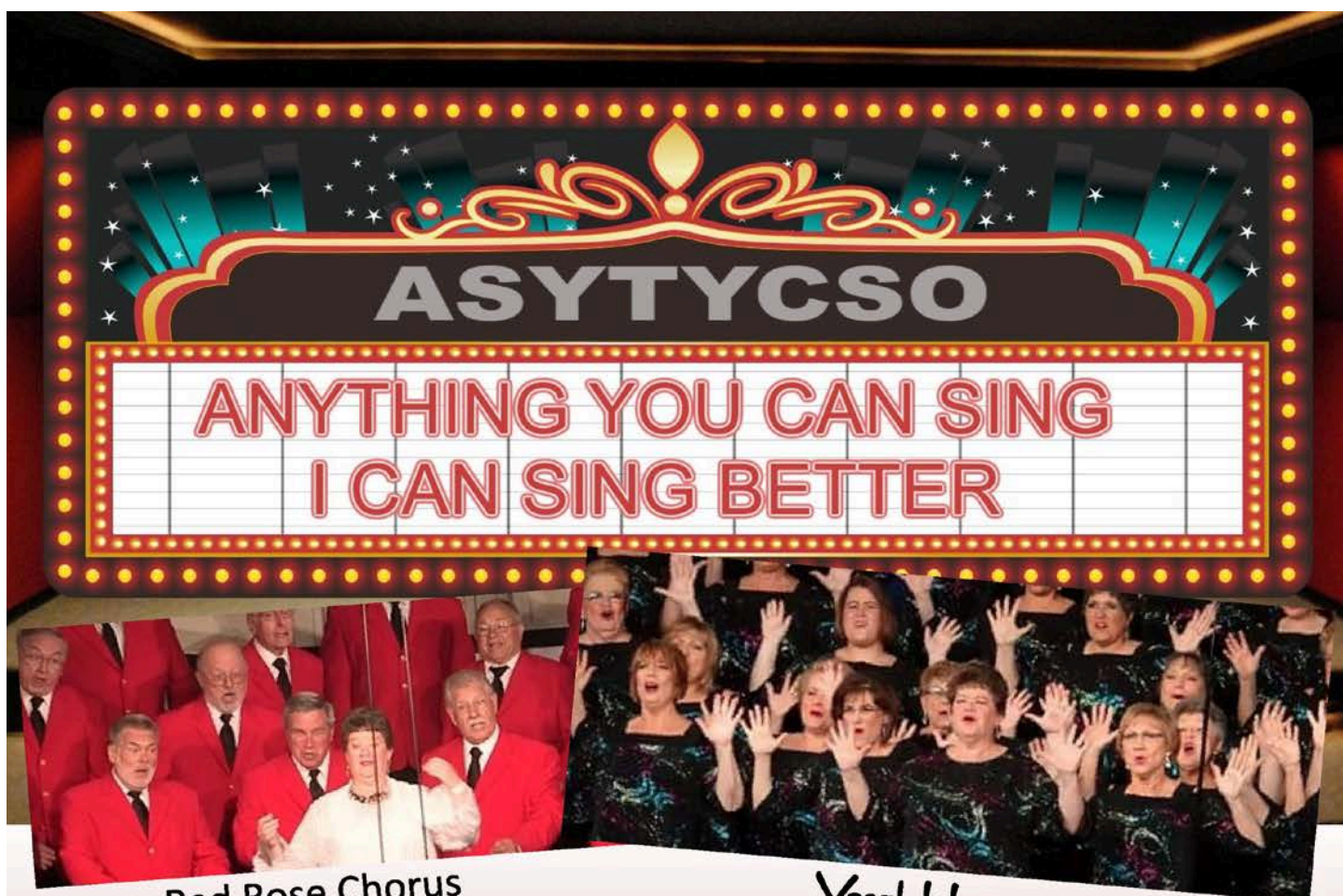
CHAPTER QUARTETS "Sweet As Sugar," "Rampage" *Region 19 Most Improved Quartet*
"Knock Out" *Region 19 5th Place Quartet*

"Duality," "Famous Janes" *SAI International 12th Place Quartet*

"Lustre" *SAI International Quartet Champions*

GUEST QUARTETS

All proceeds will be deposited in the Pat & Fred King Memorial Fund to benefit ongoing musical education expenses for Dundalk's Young Women in Harmony Quartets.



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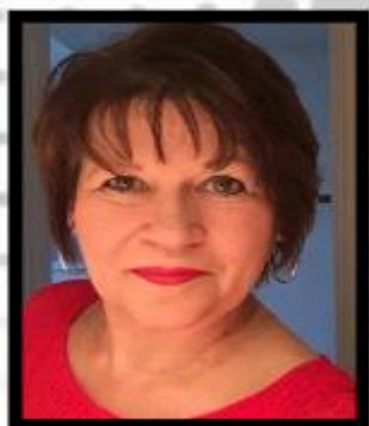
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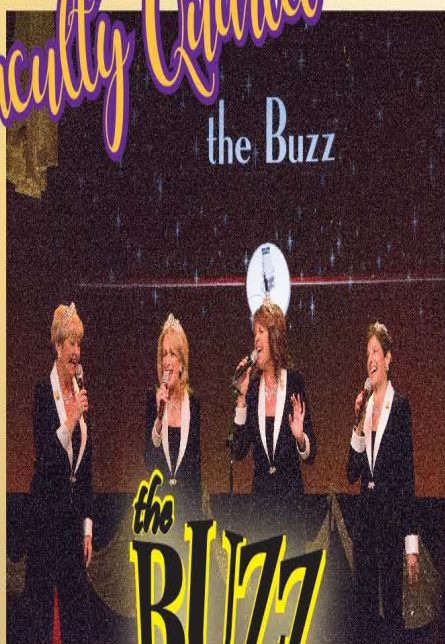
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